

AT CEDARS OF LEBANON STATE PARK

IN BEAUTIFUL LEBANON, TENNESSEE

29th Annual

# BREAKIN' UP WINTER

## OLDTIME MUSIC RETREAT

### MAR. 5-8, 2026

Join the fun at NOTSBA's 29th annual **Breakin' Up Winter** retreat. You'll find many activities centered around oldtime string band music. Set in a secluded and beautiful state park just 30 minutes east of Nashville, you'll experience outstanding performances, practical workshops, and loads of jamming with accredited traditional music professionals.

Fellowship is at the heart of the event. You'll jam and visit with friends old and new. We look forward to sharing many fine tunes with you.

*We have a new, easier process for entering cabin drawing. No need to send in check until you are chosen. Click box on online or mail-in registration form to be considered. See backside for instructions.*

Hosted by



### GENERAL SCHEDULE OF EVENTS

#### *Jamming 'til Midnight Every Night*

#### **Thursday, March 5**

Evening | Big ol' jam at Cedar Forest Lodge  
Registration opens at 6 PM

#### **Friday, March 6**

Morning | Roots of oldtime music workshops  
| Presentation of 2026 Heritage Award  
Afternoon | Artist-led workshops and jams  
Evening | Artist concerts

#### **Saturday, March 7**

Morning | Oldtime music lectures & workshops  
Afternoon | Artist-led workshops and jams  
Evening | Artist concert and jamming

#### **Sunday, March 8**

Morning | Cabin checkout by 10

**Online Registration opens Dec. 1, 2025**

**Register at the event starting Friday, Mar. 6, 2026 @8:15am**

**Learn more at [www.notesba.org](http://www.notesba.org)**

For more information, visit [www.notesba.org](http://www.notesba.org) or call Mary Alice Bernal at 615-509-0471

## LOCATION

Cedars of Lebanon State Park,  
Lebanon, TN, 30 miles east of Nashville.

## LODGING

**Group Lodge:** Two big bunk rooms – one for night owls, one for early birds. Bunks are not pre-assigned and rooms are not gender specific (bathrooms and showers are). Bring bedding, towels and earplugs.

**Camping:** Call Cedars of Lebanon park office at 615-443-2769 to reserve your spot.

**Local Motels:** Lebanon, TN, 7 miles north of the park, has several motels. EconoLodge and Holiday Inn Express & Suites are nearby.

**Cabins: NEW PROCESS!** With 6 cabins available, we hold a drawing to level the playing field. Cabins sleep 5 for Thurs/ Fri/Sat nights. Kitchens have cookware and linens. **Please check the box on the registration form either online or below.** If mailing your registration in, postmark deadline for drawing is January 15, 2026. We email results to applicants soon after the drawing on January 21; If you are chosen, a check for \$810 check must be postmarked within 5 days or we will go to the next person on the list. If you don't initially get a cabin, we will add you to the waiting list.

**We highly encourage all who get cabins to hold inclusive jams in the evenings so all can learn your great tunes and get to know you!**

**IMPORTANT: You must register for the whole weekend (mail-in or online) for the full weekend before a cabin entry is considered valid.**

## FOOD

Our event is professionally catered and always delicious. It requires a prepaid meal ticket that includes FRI. LUNCH through SAT. DINNER. Multiple fast food options are nearby in Lebanon as well. **The deadline for meal ticket purchases is February 19, 2026.**

## REFUNDS & CONTACT INFORMATION

We honor reasonable refund requests. We cannot refund meal tickets.

**Registration Contact:** Mary Alice Bernal, 615-509-0471

## 2026 PRESENTERS & PERFORMERS

### John Harrod

John Harrod has documented, recorded, and performed traditional music for more than 45 years. In the 1970s and '80s, he played with a number of bands (Progress Red Hot String Band, the Bill Livers String Ensemble, and the Gray Eagle Band) that reintroduced traditional musicians such as Bill Livers and Lily May Ledford to KY audiences. He worked as a KY Arts Council folk artist-in-residence in Wolfe, Estill, and Trimble Counties. His field recordings of Kentucky fiddle and banjo players are still available on Rounder Records. In 2015, the Field Recorders Collective issued his recordings of Carlton Rawlings and Darley Fulks, two formerly unknown fiddlers who had a great impact on his life. His recordings are housed at Berea College and the KY Center for Traditional Music at Morehead. He taught fiddle and conducted workshops at colleges and festivals across the country. In 2004, John received the Folk Heritage Award of the Governor's Awards in the Arts for his work in trad. music.

## Spencer & Rains

Tricia Spencer & Howard Rains are both fiddlers, guitar-players, and singers who preserve and build upon the traditions of their home states of Texas and Kansas. The husband and wife duo are known for their distinct twin fiddling and close-knit vocal harmony. Both multi-instrumentalists, they are steeped in family musical tradition and are dedicated to the preservation, performance, and sharing of old time music. They are also both visual artists—Howard in watercolor and Tricia in pen and ink—and their artwork weaves in closely with their music.

## Snappin' Bug

Pittsburgh old time music icons Mark Tamsula, Richard Withers, and Dave Krysty give new life to a regional music tradition. Their newest and 6th album, *Neighbors In The Cloud Land*, presents traditional Appalachian music rooted in Southwestern PA. They perform tunes collected by renowned music historian Samuel P. Bayard. Bayard visited fiddlers and fifers in this region between 1928-1963, and published over 1000 tunes in two books, *Hill Country Tunes* and *Dance to the Fiddle and March to the Fife*. Many tunes are performed on fiddle and banjo, the traditional oldtime instrumentation, as well as the fife in keeping with that rich heritage. They are joined by veteran guitarist Dave Krysty, also a pioneer in the revival of traditional music with PA roots. Barbara Rosner plays bass with the group for festivals, dances, workshops and numerous celebratory occasions.

## Wax Cylinder Recordings

A long-time staple at BUW, **Martin Fisher** has been collecting early recordings and recording devices for years. He will demonstrate and record music on wax cylinders on Friday at 1:30 p.m. He will be at the Nature Center. Come by to make your own recording!

**Make checks payable to NOTSBA | Mail to: NOTSBA, P.O. Box 160038, Nashville, TN 37216**

## BUW 2026 REGISTRATION (Please print legibly)

I hereby authorize the use of my image in future NOTSBA photographs/videos.

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**I WOULD LIKE TO BE ENTERED IN THE CABIN DRAWING. IF I AM CHOSEN, I WILL MAIL IN A CHECK FOR \$810.**

**I ALREADY REGISTERED ONLINE**

*Note: new process for entering cabin drawing*

## EVENT REGISTRATION

Member | Full Event #\_\_\_ @ \$95 = \$\_\_\_\_\_

Non-Member | Full Event #\_\_\_ @ \$115 = \$\_\_\_\_\_

Student | Full Event #\_\_\_ @ \$40 = \$\_\_\_\_\_

Single Day, Member (*circle: Fri Sat*) #\_\_\_ @ \$60 = \$\_\_\_\_\_

Single Day, Non-Member (*circle: Fri Sat*) #\_\_\_ @ \$80 = \$\_\_\_\_\_

## MEAL TICKETS ( *circle: omnivore vegetarian* )

*Dietary Restrictions:* \_\_\_\_\_

Friday Lunch thru Saturday Dinner #\_\_\_ @ \$128 = \$\_\_\_\_\_

*NOTE: No single meal tickets are available. Fast food nearby.*

## GROUP LODGE BUNKS

\$40 per night (*circle: Thu Fri Sat*) #\_\_\_ @ \$40 = \$\_\_\_\_\_

**Check Total** \$\_\_\_\_\_

**Postmark deadline for registration with a meal ticket by mail is February 19, 2026**

**Register on our website: [www.ntsba.org](http://www.ntsba.org) or onsite at the event.**