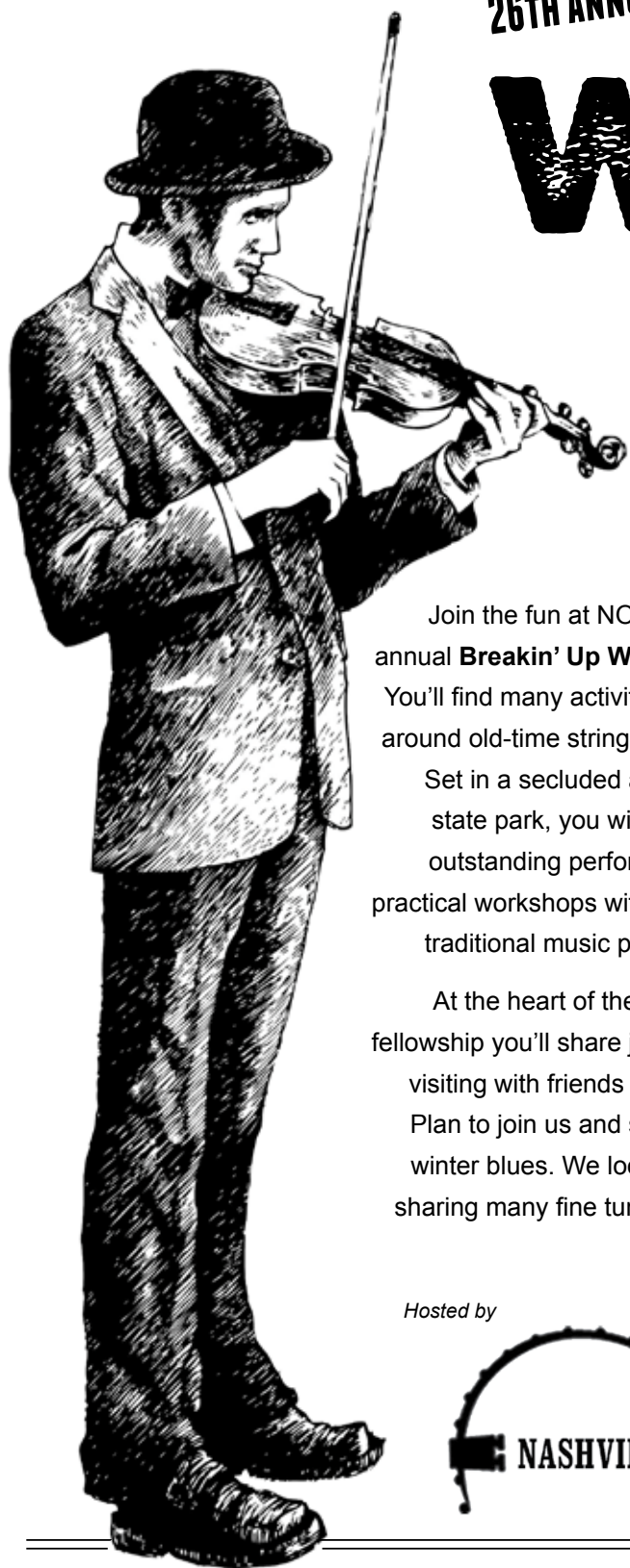


**CEDARS OF LEBANON STATE PARK  
LEBANON, TENNESSEE**

26TH ANNUAL **Breakin' Up  
WINTER**

**OLD-TIME MUSIC RETREAT**

**MARCH 2-5, 2023**



Join the fun at NOTSBA's 26th annual **Breakin' Up Winter** retreat. You'll find many activities centered around old-time string band music.

Set in a secluded and beautiful state park, you will experience outstanding performances and practical workshops with accredited traditional music professionals.

At the heart of the event is the fellowship you'll share jamming and visiting with friends old and new. Plan to join us and scatter those winter blues. We look forward to sharing many fine tunes with you.

*Hosted by*



**GENERAL SCHEDULE OF EVENTS**

*Jamming 'til Midnight Every Night*

• **Thursday, March 2**

Evening | Open jammin' at Cedar Forest Lodge  
Sorry - no potluck this year

• **Friday, March 3**

Morning | Roots of old-time music workshops  
| Presentation of 2022 Heritage Award  
Afternoon | Artist-led workshops and jams  
Evening | Artist concerts

• **Saturday, March 4**

Morning | Old-time music lectures & workshops  
Afternoon | Artist-led workshops and jams  
Evening | Artist concert and square dance

• **Sunday, March 5**

Morning | Cabin checkout by 10

**REGISTER ONLINE DECEMBER 1, 2022 THROUGH FEBRUARY 14, 2023**

**ONSITE REGISTRATION OPENS FRIDAY, MARCH 3, 2023, 8:15AM**

**Learn more at [www.otsba.org](http://www.otsba.org)**

For more information, visit [www.otsba.org](http://www.otsba.org)  
or call Mary Alice Bernal at 615-509-0471

## LOCATION

Cedars of Lebanon State Park, Lebanon, TN, 30 miles east of Nashville.

## LODGING

**Group Lodge:** Two big bunk rooms – one for night owls, one for early birds. Bunks are not pre-assigned and rooms are not gender specific (bathrooms and showers are). Bring bedding, towels and earplugs.

**Camping:** RV and tent camping are available. Call the Cedars of Lebanon park office at 615-443-2769 to reserve your spot.

**Local Motels:** Lebanon, TN, 7 miles north of the park, has several motels. EconoLodge and Holiday Inn Express & Suites are nearby.

**Cabins:** There are just 8 cabins available and many who want them, so we hold a drawing to level the playing field. A cabin sleeps 5, Thurs/Fri/Sat nights. Kitchens have cookware and linens. Postmark deadline for entry is January 11, 2023. We email results to applicants soon after the drawing on January 16; if you don't initially get a cabin, we can either tear up your \$675 check or put you on a waiting list.

**IMPORTANT: We require entrant's registration (mail-in or online) for the full weekend before a cabin entry is considered valid.**

### ENTER ME IN THE BUW 2023 CABIN DRAWING!

Mail coupon to NOTSBA with a separate check for \$675 (Thu, Fri & Sat nights)

**POSTMARK DEADLINE FOR ENTRIES: January 11, 2023**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Cabin entries lacking weekend registration will not be entered in the drawing**

## FOOD

Our event is professionally catered and always a delicious spread for us, but it requires a prepaid meal ticket that includes FRI. LUNCH through SAT. DINNER. **Our deadline for meal ticket purchases is February 14, 2023.** Multiple fast food options are nearby as well.

## REFUNDS & CONTACT INFORMATION

We honor refund requests received by February 14, 2023.

**Registration Contact:** Mary Alice Bernal, 615-509-0471

**Make checks payable to NOTSBA | Mail to: NOTSBA, P.O. Box 160038, Nashville, TN 37216**

## BUW 2023 REGISTRATION (Please print legibly)

I hereby authorize the use of my image in future NOTSBA photographs/videos.  
I agree to abide by Tennessee state park COVID-19 rules; I attend at my own risk.

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

## EVENT REGISTRATION

Member | Full Event # \_\_\_ @ \$75 = \$ \_\_\_\_\_

Non-Member | Full Event # \_\_\_ @ \$85 = \$ \_\_\_\_\_

Student | Full Event # \_\_\_ @ \$30 = \$ \_\_\_\_\_

Single Day, Member (circle: Fri Sat) # \_\_\_ @ \$45 = \$ \_\_\_\_\_

Single Day, Non-Member (circle: Fri Sat) # \_\_\_ @ \$55 = \$ \_\_\_\_\_

## MEAL TICKETS ( circle: omnivore vegetarian )

Dietary Restrictions: \_\_\_\_\_

Friday Lunch thru Saturday Dinner # \_\_\_ @ \$100 = \$ \_\_\_\_\_

*NOTE: No single meal tickets are available. Fast food nearby.*

## GROUP LODGE BUNKS

\$30 per night (circle: Thu Fri Sat) # \_\_\_ @ \$30 = \$ \_\_\_\_\_

## 2023 PRESENTERS & PERFORMERS

### Joseph Decosimo

A national Old-Time banjo champion and prize-winning fiddler, **Joseph Decosimo** is regarded as a deeply knowledgeable and powerful performer and teacher. He performs in The Bucking Mules and the Blue Ridge Broadcasters. Based in Durham, NC, Joseph has served on the faculty of East Tennessee State's Bluegrass, Old-Time, and Country Music program, and holds a PhD in American Studies and in MA in Folklore from the University of North Carolina at Chapel Hill.

### Luke & Lisa Richardson

**Luke Richardson** is another member of The Bucking Mules, fluent in fiddle, banjo, and harmonica. Luke's banjo chops have earned him two National Old Time Banjo Championships. His fiddling, ace harmonica playing, and singing bring texture and range into performances. Luke is bringing his talented wife **Lisa** who is also highly skilled in old time fiddle, banjo, and guitar to assist with workshops and performances.

### Bob Townsend

**Bob Townsend** is considered one of Tennessee's finest living fiddlers and an expert on regional repertoires and styles of the South Cumberland area. As part of the Tennessee Traditional Arts Apprenticeship Program, Bob is teaching students the tunes and techniques he learned from local fiddlers in Marion, Grundy, and Franklin counties.

### Kelsey Wells

**Kelsey Wells** plays multiple instruments and is best known as half of the popular contra dance band, Turnip the Beet. and for creating and operating "crankies." The 2012 Uncle Dave Macon Days Traditional Fiddle Champ, Kelsey plays fiddle, banjo, cello, and more, often dancing while she plays.

### Wax Cylinder Recordings

**Martin Fisher** has been collecting early recordings and recording devices since childhood. He will demonstrate and record music on wax cylinders on Friday at 1:30pm, an annual treat at BUW. You'll find him at the Nature Center.

**Postmark Deadline for Registration by Mail is February 14, 2023**

You may also register at the door or on our website, [www.notsba.org](http://www.notsba.org)

**Check Total** \$ \_\_\_\_\_